

Supported Independent Living & Home and Living



Why choose Barkuma?

- ✓ Over 50 years supporting South Australians with developmental disability
- ✓ Focus on independence, capability and wellbeing
- ✓ Supports tailored to individual needs and goals
- ✓ Strong connections to employment, training and community
- ✓ Trusted not-for-profit organisation



Live your all with the right support.



Barkuma is a not-for-profit organisation that has supported people with developmental disabilities, including Intellectual Disability, Learning Disability and Autism Spectrum Disorder, for more than 50 years.

We support people with disability to live as independently as possible while building confidence, skills and meaningful connection in everyday life.

Our Supported Independent Living (SIL) and Home and Living services provide personalised support tailored to each person's goals and changing needs.

At Barkuma, our supports adapt as each individual's goals and needs evolve.

**Support that
works with you.**



What is Supported Independent Living and Home & Living?

Supported Independent Living (SIL) and Home and Living are NDIS-funded supports designed to assist people with disability to live safely, build autonomy and develop the skills needed for everyday life.

We provide supports across a range of living environments, including:

- Your own home
- Rental accommodation
- Community housing
- Family home
- Shared living arrangement

Barkuma delivers flexible, person-centred services designed around each individual, responsive to changing needs and goals over time. You are in control of your support; we work alongside you to make choices that suit your life.

Building skills for everyday living

At Barkuma, we focus on supporting people to build confidence and self-reliance by working with them, not for them.

We work alongside participants to develop practical daily living skills that encourage greater independence, wellbeing and participation in the community.

Supports may include:

- ✓ **Personal care and daily routines**
- ✓ **Meal preparation and cooking**
- ✓ **Household tasks and organisation**
- ✓ **Shopping and attending appointments**
- ✓ **Travel and transport**
- ✓ **Developing communication and social skills**
- ✓ **Building healthy routines and wellbeing**
- ✓ **Community participation**

We recognise that everyone is different, and we tailor support to meet individual goals, abilities and preferences.

Eligibility

To access Barkuma's Supported Independent Living (SIL) and Home and Living services, these supports must be included in your NDIS plan.

If you are unsure about your eligibility or would like to discuss your support options, our team is here to help guide you through the process.

**Get in touch with our team,
we'd love to talk through
your options.**



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